

Planned admission bag

- Surprise backpack for your child (see Ch. 2)
- Medicare card
- Other healthcare cards
- Any documentation that you have been asked to bring in by your doctor or the hospital
- Referrals and x-rays
- Your medication
- Your child's medication
- Money for car parks and vending machines
- Pillowcase for child's bed
- Other comfort toys
- Pyjamas
- Things to entertain yourself and your child: pens, books, DVD player, tablet computers or games etc
- Bottles and cups with tops if needed
- Nappies
- Spare comfy clothes for you and your child
- A jumper each
- Snacks and water (but remember to keep all food and drink hidden if your child is fasting)
- Clean flannel to suck on (see Fasting, Ch. 5)
- Toiletries
- Camera
- Mobile phone
- A big smile and lots of patience