

## Emergency bag 2

This is the extra bag to leave in the car, just in case you have to stay overnight.

- Toothbrush for you and your child
- Extra set of clothes for your child
- Anything your child needs to sleep at night – blanket, cuddly toy etc
- Face washer, or face wipes
- Deodorant for you
- Clean underwear for you
- Comfortable pants and t-shirt for you
- Food, e.g. a couple of muesli bars, fruit and a sandwich
- Earplugs and an MP3 player ... anything to block out the noise so you can sleep!